



INTERNATIONAL ASSOCIATION OF FIRE FIGHTERS

# **IAFF Behavioral Health Services**

## **Resource Overview**

July 24, 2025

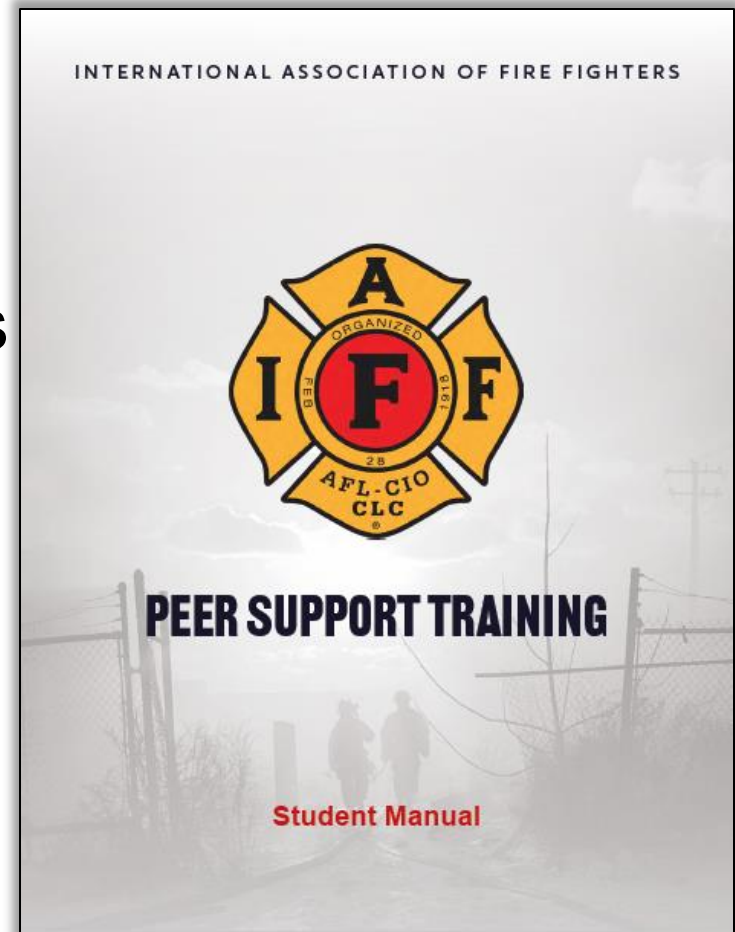
First Responders Summit

# IAFF Peer Support Training Program

- Launched 2016
- 55 appointed peer support instructors
- 14,000 individuals trained to date representing over 1,500 fire departments across U.S. and Canada
- Available in-person or virtually
- Includes advanced trainings
  - Peer Support Disaster Response



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# IAFF PEER SUPPORT DEPLOYMENTS IN 2023



- January - Suicide - Marion Co., FL
- February - LODD - Gresham, OR
- February - Active Shooter – East Lansing, MI
- February - Family Member Death - Key West, FL
- March – LODD - Buffalo, NY
- April - LODD (Two deployments) - Buffalo, NY
- May - Active Shooter/Family - Farmington, NM
- May - LODD - Irmo, SC
- July - Double LODD - Newark, NJ
- July - Suicide - North Collier, FL
- August –Wildfires (Two deployments) - Maui, HI
- August – Canadian Wildfires – NWT, Yellowknife, BC
- August – LODD – Broward County, FL
- September - Suicide and Attempted Suicide – El Paso, TX
- October – Double LODD– Baltimore, MD
- October – Active Shooter Event – Lewiston, ME
- November –Hurricane Ian One Year Follow-up- Ft. Myers Beach, FL
- December- Multiple pediatric fatalities- Bullhead, AZ



# IAFF RESILIENCY TRAINING



- Launched 2021
- 2,000 individuals trained to date
- 475 fire departments across U.S. and Canada
- Available in-person or virtually
- **Awarded grant for Train-the-Trainer program, delivery expected 2026**





# What is the IAFF Doing In Behavioral Health?



Online Behavioral Health Awareness:

**20,185** trained



Peer Support Training:

**14,000** trained



Resiliency Training:

**2,860** trained



Peer Support Deployments:

**20** deployments in 2023



Safety Planning Intervention for Suicide Prevention:

**735** trained



IAFF Online Recovery Meetings:

**104** attendees in 2023



Understanding the Fire Service for Mental Health Clinicians:

**390** trained



Treating Fire Service Members in Behavioral Health Settings:

**82** clinicians



IAFF Center of Excellence:

**3,913** members treated

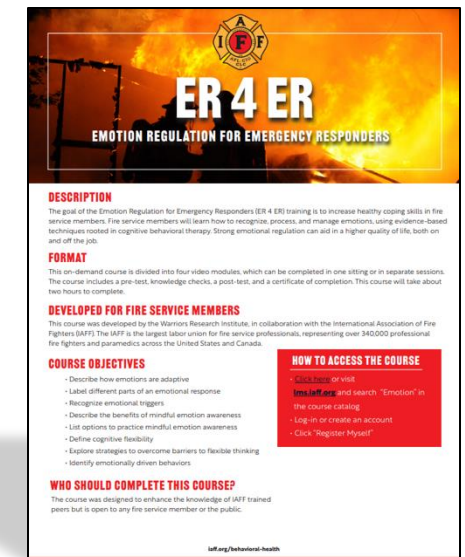


# On-Demand Behavioral Health Education

FREE

- Workplace Violence Prevention for First Responders
- Behavioral Health Awareness
- Helping Members in Recovery
- Anger Management for Fire Service Members
- Emotion Regulation Training for Emergency Responders (ER4ER)
- On-Line Cancer Module
- Safety Planning for Suicide Prevention\*
- Disaster Response Peer Support\*

\*Available to IAFF trained peers and Public



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IAFF.ORG

# IAFF Center Of Excellence: **Highlights**



- Opened March 2017
- 64 bed facility; average 35 day length of stay
- 3,913 members treated as of 7/16/24
- Exclusively for current/retired IAFF members
- Dually licensed to treat mental health & addiction
- Daily boarding fees paid by IAFF
- In-network with most major insurance plans
- 18-month of aftercare monitoring and outreach
- Monthly visits from IAFF behavioral health staff
- <https://www.iaffrecoverycenter.com/>

